

Tiny Tigers



RKA Family Karate is now offering a class for children ages 2 & 3. It is a parent/child interactive class. Your child will play, run and roll using the martial arts equipment to help develop balance and coordination.

~~Classes are offered Saturday mornings from 9:00am-9:30am. This is a great class to help your toddler develop an interest in the martial arts while you work and train along side of them.~~

~~Cost for Tiny Tigers program is only \$99.00 for 8 weeks (1 class per week) and includes a FREE uniform for your child (new students only).~~

Please note:

1. These are trial programs and can only be used once.
2. If we need to close for a day that you usually attend classes, you can make up your class by choosing a different day or by adding a week to your session.

All classes are 8 weeks long and held at RKA Family Karate located at 1337 Pri...

Session 1 August

Session 2 October 9 – December 2, 2006

Session 3 December 4 – January 27, 2007

All checks made payable to "RKA Karate". If signing up for more than one child, separate checks are required. For more information about **RKA Family Karate** visit www.somervillekarate.com or call (908) 685-9080.

Space is limited; registration is based on first come first serve at the Bridgewater Recreation Department.

All make up classes must be taken during the current session on our many alternative days. In case of inclement weather contact www.RKAFamilyKarate.com.

Three ways to register! In person at the Bridgewater Recreation Department (Municipal Building – 700 Garretson Road) 9am to 5pm Monday to Friday, drop registration off in the "REC" mailbox located around back of Municipal Building before or after office hours, or via postal service.

Bridgewater Recreation Department P.O. Box 6300/700 Garretson Road – Bridgewater, NJ 08807 (908) 725-6373 office hours 9am to 5pm Monday to Friday www.bridgewaternj.gov

Bridgewater Recreation – Fall/Winter 2006/2007

Tiny Tigers and Children's Karate

Last Name: _____		First Name: _____		Circle Gender:	
Name: _____		Name: _____		Male Female	
Mailing Address: _____				Town: _____	
Home Address: _____				Parent _____	
Phone #: () _____		Parent E-mail _____		Work #: () _____	
Parent Cell #: () _____		Address: _____		Participant's Date of Birth: ____/____/____	

- ☐ Tiny Tigers - \$99.00
 - ☐ Child (1 class) - \$70.00
 - ☐ Child (2 classes) - \$125.00
 - ☐ uniform - \$30.00
- All checks to "RKA Karate"*

Check appropriate Session & Age:

- ☐ **Session #1 (August/October)** Age as of 8/14/06: _____
- ☐ **Session #2 (October/December)** Age as of 10/9/06: _____
- ☐ **Session #3 (December/January)** Age as of 12/4/06: _____

If signing up for more than one program, please use separate checks and forms.

Please note that Bridgewater Recreation Department does not provide medical coverage for its participants. Each participant will be covered under his/her family's medical policy. It is recommended that families have insurance before the child participates. The Recreation Department reserves the right to cancel, alter, supplement, limit registration or change any other information.

Parent/Guardian Signature _____

Date _____

Bridgewater Recreation Department P.O. Box 6300/700 Garretson Road – Bridgewater, NJ 08807 (908) 725-6373 off



Children's Karate



Bridgewater Recreation is excited to be working with the RKA Family Karate to offer martial arts programs for children ages 4 through 12. Classes are broken down by age and skill level. Each class covers our beginners Basic Training Course (BTC) material. Our program of martial arts differs from most in that it was developed by both a martial artist and a child psychologist. At RKA Family Karate, we apply modern teaching methods to traditional martial arts. By doing so we can truly put the mental benefits of: Focus, Concentration, Integrity, Determination and more back into the martial arts.

Little Dragons (for ages 4 through 6) is held on Mondays 4:00-4:30pm; Tuesdays 5:05-5:35pm; Wednesdays 4:00-4:30pm; Thursdays 5:05-5:35pm; Fridays 3:30-4:00pm and Saturdays 9:30-10:00am.

Kickin' Kids (for ages 7 through 12) is held Mondays 4:55-5:25pm; Tuesdays 6:00-6:30pm; Wednesdays 4:55-5:25pm; Thursdays 6:00-6:30pm; Fridays 4:30-5:00pm and Saturdays 10:15-10:45am.

Cost for **Children's Karate**: \$70.00 for one class a week or \$125.00 for two classes a week. Participants are required to purchase a uniform for \$30.00 (this is a discounted price for our Bridgewater-Raritan residents, a 40% savings!)

Participants must wear clean socks. No bare feet allowed on the training floor. Optional martial arts shoes may be purchased on site (sizes are limited).

Check the Appropriate Class(es):

Tiny Tigers (2-3)

☐ Saturdays

Little Dragon (4-6) Kickin' Kids (7-12)

- | | |
|------------------------------------|------------------------------------|
| <input type="checkbox"/> Monday | <input type="checkbox"/> Monday |
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| <input type="checkbox"/> Wednesday | <input type="checkbox"/> Wednesday |
| <input type="checkbox"/> Thursday | <input type="checkbox"/> Thursday |
| <input type="checkbox"/> Friday | <input type="checkbox"/> Friday |
| <input type="checkbox"/> Saturday | <input type="checkbox"/> Saturday |